



**Suryadatta Education Foundation's
Suryadatta College of Management Information Research & Technology
(SCMIRT)**

**Report on
Gandhi Jayanti Elocution competition Report**

Date: 3rd October 2023

Introduction:

On the occasion of Gandhi Jayanti, an elocution competition was organized to commemorate the birth anniversary of Mahatma Gandhi, the Father of the Nation. The elocution competition aimed to provide students with a platform to express their thoughts and ideas on the life and teachings of Mahatma Gandhi and also promote Gandhian values, non-violence, and sustainable living.

Competition Highlights:

The competition was structured in a way that allowed each participant to demonstrate their speaking prowess on four different topics. Each student was allotted approximately 10 minutes for their presentation, providing them with a substantial amount of time to express their thoughts and opinions on the given subjects. 14 enthusiastic students from various streams participated in the competition. The event was a testament to the talent and passion for public speaking among the youth.

Topic 1: Mahatma Gandhiji's Message to the Youth of India

- Several participants emphasized the importance of embracing Gandhian values such as truth, non-violence, and self-reliance.
- They stressed the need for today's youth to become active agents of change and work towards social justice, environmental sustainability, and communal harmony.
- Many students discussed how Gandhi's message of inclusivity and tolerance is crucial in a diverse and interconnected world.
- Overall, the message to the youth was one of responsibility, activism, and ethical living.

Topic 2: Mahatma Gandhiji and his Thoughts for Social Growth

- Students highlighted Mahatma Gandhi's vision of social growth, which included uplifting the marginalized, eradicating poverty, and promoting equality.
- They discussed the importance of education, especially in rural areas, as a means to empower communities.
- Participants acknowledged the relevance of Gandhi's views on self-sufficiency through cottage industries and decentralized economic development.
- Many emphasized the need for non-violent protest and civil disobedience as powerful tools for social change.

Topic 3: Three Monkeys - What Does It Symbolize... Then and Now

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- Students analysed the symbolism of Gandhi's Three Monkeys and how it represents the ideals of 'See No Evil, Hear No Evil, Speak No Evil.'
- They explored how this symbolism is applicable in the modern context, particularly in the age of information overload and social media.
- Participants discussed the importance of ethical communication, responsible journalism, and digital citizenship.
- Many pointed out that the Three Monkeys serve as a reminder of the values of introspection, empathy, and mindfulness.

Topic 4: Leadership Style of Mahatma Gandhi

- Participants delved into Gandhi's unique leadership style, characterized by simplicity, humility, and selflessness.
- They discussed how his practice of non-violence influenced his leadership and his ability to mobilize masses.
- Many students drew parallels between Gandhi's leadership and contemporary leadership challenges, such as ethical decision-making and inclusive leadership.
- Overall, Gandhi's leadership was seen as an inspiration for leaders across the world, advocating for peaceful and compassionate leadership.

The judges, Prof. Mrs. Ragini Mehta and Asst. Prof. Asmita Joshi, had the challenging task of evaluating these insightful presentations and they commended the participants for their thoughtful and inspiring speeches. The Final winners are:

Winner	Name of Student	Year	Programme
1 st	Padmesh Mode	FY	B.B.A
1 st	Pari Gild	FY	B.A
2 nd	Om Mate	FY	B.B.A
3 rd	Prachi Duse	SY	B.B.A

In conclusion, the elocution competition provided a platform for students to reflect on and articulate their thoughts on Mahatma Gandhi's principles and their enduring relevance in today's society.

Report Prepared By:

Asst. Prof. Asmita Joshi

Asmita Joshi

Principal
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Empowering Change: A Journey towards Sustainable Menstrual Health

Date: 28th February 2024

Time: 10:00 AM to 11:00 AM

Organizer: Student Development Cell

Introduction:

On 28th February 2024, the Student Development Cell, under "Nirbhaya Kanya Yojana" initiative of SPPU, organized a Guest Lecture titled "Empowering Change: A Journey towards Sustainable Menstrual Health." The lecture aimed to provide female students with comprehensive knowledge and resources related to menstrual health and hygiene. Mrs. Diksha Bedekar, a seasoned expert in women's health and hygiene, was invited as the guest speaker for the event.



Attendance and Participants:

The event witnessed a remarkable turnout, with female students from various courses in attendance, highlighting the significance of the topic and the enthusiasm of the participants.

Session Overview:

Mrs. Diksha Bedekar commenced the session with an engaging introduction, highlighting the importance of menstrual health awareness and the objectives of the lecture. Leveraging her expertise in the field, Mrs. Bedekar delivered an insightful presentation encompassing various crucial aspects of menstrual health and hygiene.

Key Highlights of the Lecture:

- Understanding Menstrual Health: Mrs. Bedekar provided a comprehensive overview of the menstrual cycle, emphasizing its physiological significance and its impact on women's overall health and well-being.

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Hygiene Practices: Practical including the importance of using hygienic menstrual products, adopting sustainable practices, and proper disposal methods.

- **Dispelling Myths and Taboos:** Mrs. Bedekar

addressed prevalent myths and taboos surrounding menstruation, encouraging attendees to challenge societal stigmas and promote open dialogue to eradicate misconceptions.

- **Access to Resources:** Information on accessing affordable and eco-friendly menstrual products, as well as resources for seeking medical advice and support, was shared with the participants to empower them to make informed decisions about their menstrual health.

Interactive Session: Throughout the lecture, Mrs. Bedekar encouraged active participation from the audience, fostering interactive discussions, addressing questions, and encouraging attendees to share personal experiences related to menstrual health. The interactive format facilitated a supportive environment for learning and exchange of ideas.

Feedback and Impact:

Feedback collected from participants indicated a highly positive response to the lecture. Attendees expressed appreciation for the comprehensive information provided by Mrs. Bedekar and expressed newfound confidence in managing their menstrual health. Many participants also expressed interest in organizing similar awareness initiatives in the future to continue the dialogue on menstrual health and hygiene.

Conclusion:

The Guest Lecture on "Empowering Change: A Journey towards Sustainable Menstrual Health" by Mrs. Diksha Bedekar was a resounding success, contributing significantly to the objectives of the Nirbhaya Kanya Yojana initiative. The Student Development Cell reaffirms its commitment to organizing such impactful events to promote the holistic well-being of students.

Report Prepared By:

Asst. Prof. Asmita Joshi

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Report on Shree Chhatrapati Shivaji Maharaj Jayanti Poster Making Competition and Exhibition Report

Date: 17th February 2024

The Student Development Cell of SCMIRT organized a Poster Making Competition and Exhibition on the occasion of Shivaji Maharaj Jayanti on 17th February 2024. The event aimed to commemorate the birth anniversary of Chhatrapati Shivaji Maharaj, the great Maratha warrior king, and draw insights from his life and teachings applicable to modern organizational practices.

Event Overview:

The Poster Making Competition and Exhibition attracted enthusiastic participation from students, showcasing their creativity and interpretation of Shivaji Maharaj's principles in the context of contemporary organizational dynamics. The event provided a platform for students to reflect on Shivaji Maharaj's leadership qualities and their relevance in modern management practices.

Theme and Guidelines:

Participants were tasked with creating posters based on specific themes derived from Shivaji Maharaj's teachings. These themes emphasized values such as leadership, innovation, teamwork, and ethical conduct, offering valuable insights for organizational management. Participants were encouraged to present their ideas through digital, handmade, or collage posters, with a standard size of A3.

Topics for Poster Making:

Participants could choose from the following topics, each reflecting a key aspect of Shivaji Maharaj's leadership philosophy:

- Practicing over Preaching
- Leading from the front Over Instructing from the back
- We Over Me
- Innovation over Tradition
- Entrustment over Encroachment
- Pure Soul Over Mere System
- Purity of Participation over Post of Participation
- Servantship driven Leadership over Leadership seeking servants
- Why Can't attitude over Can't Attitude
- Connect over Command



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Evaluation Criteria:

Posters were evaluated based on their visual presentation and the relevance of their explanations to the chosen theme. Asst. Prof. Asmita Joshi assessed the clarity of the message, creativity in design, and alignment with Shivaji Maharaja's principles. Each participant received constructive feedback to encourage continuous learning and improvement.

Timing and Venue:

The competition took place on 17th February 2024, from 12:15 PM to 01:15 PM, at the SCMIRT Passage. The venue provided a conducive environment for participants to display their posters and engage in discussions about Shivaji Maharaj's legacy.

Organizers:

The event was organized by **Asst. Prof. Rasika Dighde, Student Development Officer at SCMIRT**, who played a pivotal role in coordinating the competition and ensuring its smooth execution.

The Winners :

- 1st Prize: Om Mate - FY BBA,
- 2nd Prize: Rohan Keshav Dakhore
- FY B. Sc. - CS,
- 3rd Prize: Pranjal Mahangade -
FY BSc. Animation.

Their posters beautifully captured the essence of Shivaji Maharaj's teachings, showcasing creativity, innovation, and deep understanding.



Conclusion:

The Poster Making Competition and Exhibition on Shivaji Maharaj Jayanti served as a meaningful platform for students to honor the legacy of the great warrior king and draw lessons applicable to modern organizational practices. Through their creative expressions, participants demonstrated their understanding of Shivaji Maharaj's timeless principles and their potential to inspire ethical leadership and innovation in today's corporate world.

Report Prepared By:

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Report on

Cleanliness Drive: A Path to Health and Happiness

Date: 22nd September 2023

Time: 1:00 pm

Location: Bavdhan Police Station to Chelaram Hospital (Patil Nagar)

Organized By: The Suryadatta Group of Institutes (SGI), Management and Family

Venue: Central Hub, Bavdhan Campus, Pune-21

Cleanliness is not just a physical attribute; it is a reflection of one's discipline, sense of responsibility, and the desire for a better and healthier community. The quote, "**Cleanliness is the way to better health and happiness**" encapsulates the profound relationship between a clean environment and our well-being. On the 22nd of September 2023, the Suryadatta Group of Institutes (SGI) organized a Cleanliness Drive that exemplified this connection.

Cleanliness has always been regarded as a virtue that not only impacts our physical well-being but also our mental and emotional health. It's a fundamental aspect of a thriving society, where individuals live in harmony with their environment. The event began with the reiterating the message that "**Cleanliness is the way to better health and happiness.**" This message served as the guiding principle for the day's activities and underscored the critical role cleanliness plays in our lives.

Leading from the front was Dr. Sanjay B. Chordiya, the Professor, Founder President, and Chairman of Suryadatta Group of Institutes. His dedication and vision set the stage for the event, serving as an inspiring example for all participants. Dr. Chordiya's presence and active



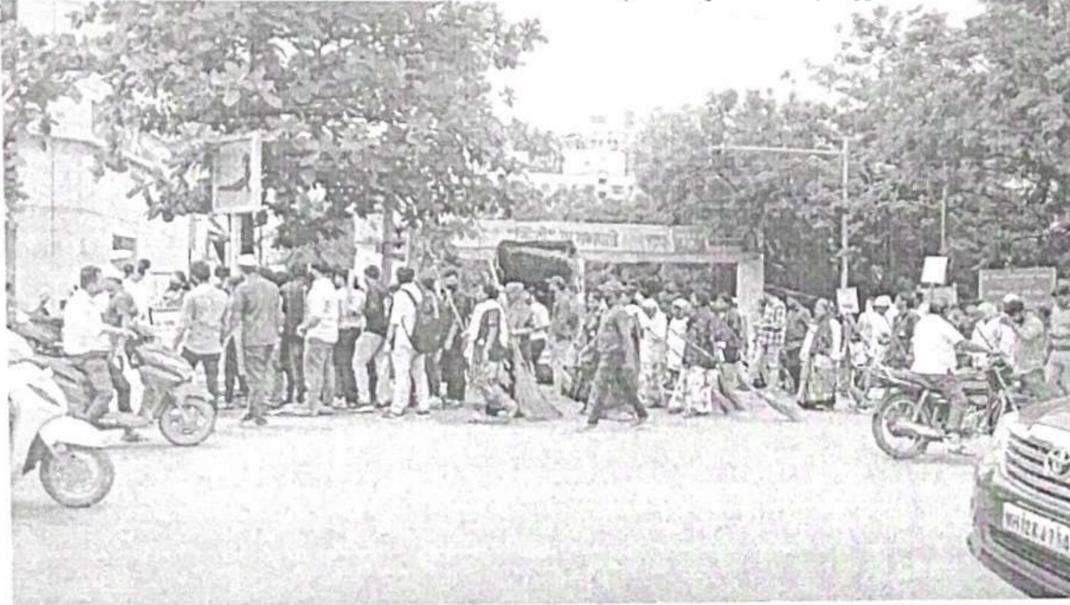
involvement demonstrated the importance of this initiative and the commitment of Suryadatta to the cause of cleanliness, health, and happiness.

SGI always recognizes that students are not just the leaders of tomorrow but also the custodians of the community's well-being. It is our collective responsibility to nurture an environment where we can all thrive. Thus, the call was made to invoke our students to participate actively in this initiative, backed by the unwavering support of Management and Family.

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To ensure that everyone could actively contribute, the organizers thoughtfully provided essential tools such as brooms, known as "kharata," masks for protection, and hand gloves. This gesture underscored the Cleanliness Drive.



The event drew a significant response from students, staff, and various departments of SGI. It was heartening to witness the enthusiastic participation of the SGI community. Students and staff alike recognized the importance of this initiative, both for the physical environment and for the

cultivation of a sense of civic responsibility and community spirit.

At 1:00 pm, participants gathered at the Central Hub, located within the Bavdhan Campus, with a shared purpose in their hearts. An inspiring speech marked the commencement of the Cleanliness Drive, emphasizing the profound link between cleanliness and well-being. The participants were organized into groups, each responsible for specific areas along the route.

The Cleanliness Drive covered the stretch from Bavdhan Police Station to Chelaram Hospital in Patil Nagar. Participants worked diligently to clean streets, sidewalks, and public spaces. The air was filled with the energy of a community working together for a common cause.



The impact of this collective effort was significant. The streets were noticeably cleaner, and the environment

more inviting. Beyond the tangible changes, the Cleanliness Drive served to instill a sense of pride and civic responsibility in the students and staff. It wasn't just about cleaning; it was about coming together to make a positive change in our community, underlining the mission of "Clean your own Surrounding."

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In conclusion, the Cleanliness Drive of 22nd September 2023 was a resounding success. It not only enhanced the physical environment but also planted the seeds of responsibility and community spirit. Suryadatta Group of Institutes stands committed to cultivating a culture of cleanliness and community service. The event demonstrated that by joining hands and working together, we can create a cleaner, healthier, and happier community.

This initiative encapsulated the idea that "Clean Bavdhan" indeed paves the way for a "Healthy Bavdhan." As we move forward, let's remember that "Cleanliness isn't just a chore; it's a path to better health and happiness for us all".



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Report on Unleashing the Power of Mind

Speaker: Mr. Sunil Parekh, International Success Coach and Mind Power Expert

Topic: Unleashing Power of Mind

Location: Bansiratna Hall, Suryadatta College, Bhavdhan, Pune

Date: October 6, 2023

Sessions: Morning, Afternoon, Evening

Introduction:

Mr. Sunil Parekh, an esteemed Mind Power Expert associated with RISE Development Academy, conducted a highly impactful workshop at Suryadatta College. The workshop, held throughout the day in three sessions, delved into the intricate dynamics between the subconscious and conscious mind.

Mr. Parekh's expertise as an International Success Coach has inspired countless individuals and organizations to set audacious goals, overcome obstacles, and unlock their hidden potential. He has guided people on transformative journeys, helping them break free from limiting beliefs and realize their dreams.

In addition to his role as a Success Coach, Mr. Sunil Parekh is recognized as a Mind Power Expert, passionately advocating for the limitless power of the mind. He has empowered others to harness this power for personal and professional growth, shedding light on the path to self-discovery and empowerment.



Morning Session:

The workshop, titled "Unleashing the Power of Mind," commenced at the vibrant Bansiratna Hall of Suryadatta College, Pune. The morning session began with inspirational videos featuring renowned motivational figures, setting a motivating tone for the day.

Mr. Parekh shared a captivating story that illustrated the intricate interplay between the conscious and subconscious mind. He elucidated that the conscious mind, responsible for thinking, logical analysis, decision-making, and intelligent quotient (IQ), plays a crucial role in our daily functioning. In contrast, the subconscious mind possesses innate creativity, serving as a wellspring of innovative ideas, inner guidance, emotional intelligence (EQ), and the ability to manifest dreams into reality.

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The session also underscored the existence of three distinct types of power linked to the mind: thinking power, creativity, and intuition. These powers, when combined with cultivating the right mind set, provide individuals with the tools to unlock their innate potential. Mr. Parekh recommended his book, "How to Use Your Mind Effectively," as a valuable resource for further exploration.

Afternoon Session:

The 7-Step Formula for Achieving Goals

Setting and achieving goals is a powerful process that, when followed systematically, can lead to personal and professional success. Mr. Sunil Parekh's workshop on "Unleashing the Power of Mind" introduced a 7-step formula for achieving goals, emphasizing the importance of each step. Here is a concise breakdown of the formula:



1. Burning Desire and Not Giving Up: The foundation for success is a burning desire to achieve your goals. This inner passion, combined with an unwavering commitment to never give up, provides the drive needed to overcome obstacles and stay the course.

2. Believe in Yourself: Self-belief is a cornerstone of success. Trust in your abilities and potential. When you believe in yourself, you build the confidence and resilience necessary to overcome challenges.

3. Believe in the Goal: It's essential to believe in the worthiness of the goal you've set. A strong belief in the significance of your goal fuels your motivation and determination to see it through.

4. Always Have Positive Thoughts: Positive thinking is a potent force for achieving goals. Maintaining a positive mind set attracts opportunities and fuels your determination to overcome obstacles.

5. Bring Clarity of Thoughts: Clear, focused thinking is vital for effective goal pursuit. Define your goals with precision and ensure that your thoughts and intentions are crystal clear. Clarity leads to more actionable and effective planning.

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6. Start Slow and Keep Going: Many successful journeys begin with small, gradual steps. Starting slowly and maintaining consistent progress, no matter how incremental, is a key to long-term success.

7. Have Faith... Things Will Start Happening: Faith and patience are essential. Trust that, as you work diligently toward your goals, things will start falling into place. This unwavering faith is a driving force that keeps you motivated on your journey to success.

Incorporating these seven steps into your goal-setting process can significantly increase your chances of realizing your aspirations. The synergy of burning desire, self-belief, positive thoughts, clarity, patience, and faith creates a robust framework for achieving your goals, no matter how big or small they may be.

Evening Session

The Evening Session of the workshop on "Unleashing the Power of Mind" conducted by Mr. Sunil Parekh included practical exercises and activities designed to empower participants further.

1. EFT - Emotional Freedom Technique: The session commenced with an introduction to the Emotional Freedom Technique (EFT), a powerful tool for managing emotions and addressing various psychological issues. Participants were guided through the process of tapping specific meridian points on their body while addressing emotional concerns. EFT helps release emotional blockages and reduce stress, ultimately promoting emotional well-being.



2. Exercise on Goal

Setting: Goal setting is a fundamental aspect of personal and professional development. During this part of the session, attendees engaged in a goal-setting exercise. They were encouraged to identify their goals, both short-term and long-term, and articulate them clearly. The exercise included steps to break down goals into actionable plans, fostering a sense of purpose and direction.

3. Creation of Vision Board: The session concluded with the creation of vision boards. A vision board is a visual representation of one's goals and aspirations. Participants had the opportunity to gather images, words, and symbols that resonated with their objectives and arrange them on a board. These vision

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boards serve as powerful visual reminders of one's ambitions, reinforcing the importance of staying focused on one's goals.

Incorporating these exercises into the evening session allowed participants to apply the principles and techniques discussed earlier in the day. It provided a practical and hands-on experience that reinforced the concepts of goal setting, emotional well-being, and visualization.

The Evening Session empowered participants with additional tools and strategies to harness the power of their minds effectively, moving them closer to their personal and professional goals. The combination of EFT, goal setting, and vision boards offered a comprehensive approach to personal growth and self-discovery.

Key Takeaways:

- A profound understanding of the influence of the subconscious mind on daily thoughts and actions.
- Practical techniques for unlocking the potential of the conscious mind through mindfulness.
- Effective strategies for achieving personal and professional goals.
- Real-life examples illustrating the transformative power of mastering the mind.

Conclusion:

Mr. Sunil Parekh's workshop on the synergy between the subconscious and conscious mind provided an enlightening and transformative experience for all attendees. His expertise as a Mind Power Expert shone through in his engaging and thought-provoking sessions. Participants left the workshop with a deep understanding of their own mental processes and practical tools to enhance various aspects of their lives. The three sessions offered a comprehensive exploration of the mind's capabilities, leaving attendees inspired and motivated to continue their journey of personal growth and self-discovery.

Mr. Sunil Parekh's workshop on "Unleashing the Power of Mind" at Suryadatta College was a remarkable journey into the potential of the human mind. His extensive knowledge in the realm of mind power, combined with his engaging presentation style, made a lasting impression on all participants. The workshop served as a poignant reminder of the incredible power residing within each individual's mind and provided practical tools for harnessing this power to achieve personal and professional success.

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SURYADATTA COLLEGE OF MANAGEMENT INFORMATION RESEARCH
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Mental Health Day 2023 Report

In an era marked by increasing stress and anxiety, prioritizing mental health has become paramount. To foster a positive and supportive environment, Art's Department of SCMIRT organized a dedicated Mental Health Day on 15th October 2023. This initiative aimed to raise awareness about mental health issues, reduce stigma, and promote well-being among students.

Activities Conducted

Meditation Activity:

- * A guided meditation session was conducted to help students relax and reduce stress.
- * The session focused on mindfulness techniques, deep breathing exercises, and visualization.
- * The aim was to create a calm and serene atmosphere, allowing students to unwind and recharge.

Student Presentations on Mental Health Awareness:

- * Students prepared informative and engaging presentations on various mental health topics.
- * These presentations covered a range of issues, including anxiety, depression, stress management, and the importance of seeking help.
- * The students effectively conveyed key messages and encouraged open dialogue about mental health.

Impact and Outcomes

The Mental Health Day was a resounding success, achieving the following objectives:

- * Increased Awareness: The event significantly raised awareness about mental health issues among students.
- * Reduced Stigma: The presentations and discussions helped to dispel myths and stereotypes associated with mental health.
- * Enhanced Well-being: The meditation activity provided a much-needed respite, promoting relaxation and stress reduction.
- * Empowered Students: The student presentations showcased their knowledge and encouraged peer-to-peer support.

The Mental Health Day was a valuable initiative that contributed to the overall well-being of our students. By prioritizing mental health, we can create a healthier and happier school community. We hope to continue organizing such events in the future to further promote mental health awareness and support.



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Dr. Abbas Lokhandawala

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